

WELLNESS COMMITTEE MEETING  
HEUVELTON CENTRAL SCHOOL  
February 9, 2012

The Wellness Committee meeting was held in the Superintendent's Office on Thursday, February 9, 2012 @ 7:00 a.m.

Members present: Susan Todd, David Steele, Mary Hebert, Mary Rasmussen, Steve Adams, Marianne Weldon, Karen Carmany and Abbey Basford

Members absent: Catherine Bennett

Mrs. Todd called the meeting to order at 7:05 a.m.

- Mrs. Weldon volunteered to record minutes for the meeting.
- The minutes from the December 7, 2011 meeting were approved by the committee.
- Mrs. Todd gave an update on the composting tumbler. A representative from the donated composter will be here on Thursday, March 15<sup>th</sup> for instruction from 11:15 – 12:00. That is a half day Staff Development. It was requested that the kitchen staff be present and most of the wellness committee members will be there. There was some discussion concerning a worm bin as well. This can be used to prepare the soil so more information is needed as far as use and placement.
- Breakfast cart feedback – can only offer ala carte items- therefore only 2-6 students have taken advantage of it. They have tried plugging in the toaster for bagels and several other options. Attendance does not warrant its usefulness at this time. Suggestions for other items were discussed and Abbey Basford has agreed to make up a quick paper survey to evaluate. Also, moving the cart to a more accessible area such as top of stairs and use of high school students at 8 a.m. to help out. It was suggested that Honor Society members be utilized for this. The plan is to be able to offer a full breakfast that is reimbursable. Wal-Mart offers grants for breakfast programs as well. Closing the high school line is not feasible as many students miss out there as well.
- Green Team meeting – organizing a team for the composting project. They are researching a name for their team. The team hopes to have more “food tasting projects” similar to what they did for K-4 with other grades. They will attend the presentation on Friday, March 16<sup>th</sup> and also some will attend the “Dig in” conference on March 19<sup>th</sup>. It was mentioned that a publication be made available as a children's book.
- Spring Into Action Day is March 17<sup>th</sup> from 10:00 – noon. The Heuvelton Alumni Association is collecting funds and applications for BEST Ideas. These funds have been used recently to provide the following:
  - Dave Steele – uniforms
  - Kellie Giorgi – Field Trip
  - Ashley Putney – Printing PressThe idea of requesting funding for snowshoes is still being researched at this time. Information was shared regarding contacts to obtain more information.
- Mrs. Weldon suggested having CPR classes for staff on a yearly basis as she has been approached by staff members who are interested. It was determined that it is not a feasible plan for this school year but will be investigated for next year.
- Meeting adjourned at 7:45 a.m.