
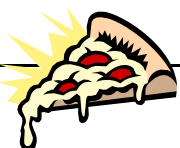




Peanut Butter & Jelly  
 Turkey Sandwich  
 Ham Sandwich  
 Salads  
Available everyday

# October 2016

***This institution is an equal opportunity provider and employer.***

**2nd Choice**  
**Monday** Chicken Nuggets  
**Tuesday** Hamburger  
**Wednesday** Chicken Burger  
**Thursday** Hotdog  
**Friday** Fish Burger

Mon	Tue	Wed	Thu	Fri
<p>03            Hot Dog            Potato Wedges            Fruit</p>	<p>04            Chicken Burger            Carrots            Fresh Fruit</p>	<p>05            Pizza Day            Lettuce/Dressing            Fruit</p>	<p>06            Pasta with Meat Sauce            Green Beans            Fruit</p>	<p>07  <b>STAFF DEVELOPMENT DAY</b></p>
<p>10  <b>Columbus Day</b></p>	<p>11            Deli Day            Beans &amp; Pickles            Fruit</p> 	<p>12            Pizza Day            Baby Carrots            Fruit</p>	<p>13            Chicken and Biscuits            Mashed Potato            Fruit</p>	<p>14            Macaroni and Cheese            Broccoli            Fruit</p>
<p>17            Philly Cheese Steak Sand.            Potato Wedges            Fruit</p>	<p>18            Popcorn Chicken            Baby Carrots            Fruit</p>	<p>19            Pizza Day            Garden Salad            Fruit</p> 	<p>20            Grilled Cheese            Tomato Soup            Carrots/Fruit</p>	<p>21            Two Tacos w/cheese            Lettuce &amp; Tomato, Rice,            and Corn            Fruit</p> 
<p>24            Cheese Burger            Cross-cut Fries            Fruit</p>	<p>25            Chicken Caesar Salad            Wheat Roll/Cheese Stick            Fruit</p>	<p>26            Pizza Day            Fresh Veggies            Fruit</p>	<p>27            Roast Turkey Sandwich            Mashed Potato/Corn            Fruit</p>	<p>28            Sloppy Joe Sandwich            Cauliflower            Fruit</p>
<p>31            French Toast            Sausage/sweet puffs            Fruit/Juice</p>		<p>Assorted cereal, Fresh Fruit, Fruit Juice, and Milk offered everyday for breakfast!</p>	<p><b>Alternate Choice Breakfast</b>  <b>Monday: Scones</b>  <b>Tuesday: Cinnamon Toast</b>  <b>Wednesday: Muffin Sand.</b>  <b>Thursday: Breakfast Bar</b>  <b>Friday: Granola/Yogurt</b></p>	<p><b>1% or less Milk served with all meals. Bread Items are whole grain. Fresh Fruit Plates &amp; Chef Salads are available daily!</b></p>